

Meet of Champs 2025 Warm Up Schedule

Open Warm Up ALL Lanes: 6:45-7:15am

Warm Up #1: 7:15-7:30am

- *Lawrence Park (24): Lanes 1-2
- *Karakung (9): Lane 3
- *Hilltop (20): Lanes 4-5
- *Drexel (9): Lane 6

Warm Up #2: 7:30-7:45am

- *Conestoga (28): Lanes 1-3
- *Lansdowne (29): Lanes 4-6

Warm Up #3: 7:45-8:00am

- *Springfield Swim (22): Lanes 1-2
- *Springfield Country (15) & Ridley Park (5): Lanes 3-4
- *Ridley Twp (19): Lanes 5-6

Warm Up #4: 8:00-8:15am

- *Aquatic (11): Lane 1
- *Briarcliffe (10): Lane 2
- *Brookhaven (12) & BLCC (8): Lanes 3-4
- *Creekside (12) & Clifton (4): Lanes 5-6

Warm Up #5: 8:15-8:30am

- *Knowlton (12) & Folcroft (4): Lanes 1-2
- *Nassau (10): Lane 3
- *Prospect Park (7): Lane 4
- *Open (if missed earlier slot): Lanes 5-6

Warm Up #6: 8:30-8:45am

- *Tinicum (16): Lanes 1-2
- *Riddlewood (10): Lane 3
- *Open (if missed earlier slot): Lanes 4-6

Meet Start: 9:00am